

Apprenticeships

New and existing workers are able to further enhance their skills and knowledge, and gain a recognised qualification, by completing an apprenticeship with Adult Social Care.

Apprenticeships available include:

Adult Care Worker Level 2

Healthcare Support Worker Level 2

Lead Adult Care Worker Level 3

Senior Healthcare Support Worker Level 3

Apprenticeships consist of a blended programme of learning at work, taught sessions and learning sets.

All staff who choose to complete an apprenticeship will be given the support of an apprenticeship coach to guide them through the process.

Staff with no qualifications in English or Maths will also be supported to achieve a qualification in these areas.

Further information is available via your line manager.

Qualifications

Existing workers are able to further their personal and professional development, by completing a nationally recognised Level 2 certificate in the following areas:

- Understanding Behaviour that Challenges
- Awareness of Mental Health Problems
- Understanding in Care and Management of Diabetes
- Principles of Care Planning
- Common Health Conditions
- Principles of Dementia Care
- Understanding Dignity and Safeguarding
- Principles of End of Life Care
- Principles of the Prevention and Control of Infection
- Understanding the Safe Handling of Medication
- Falls Prevention Awareness
- Understanding Safeguarding and Prevent

Further information on current availability can be discussed with your line manager or by contacting Apprenticeship and Qualifications Team: AQT@eastsussex.gov.uk.

Specialist

Provide **existing workers** with knowledge and skills needed to meet the specific needs of clients.

Topic	Format	Source
REAP	Programme	DPS Training
End of Life Care Pathway	Half day	E-learning for Healthcare (e-LFH) Hub
Dementia Awareness	Face-to-face	In house
Dementia Module 2: A Person-Centred Approach to Care and Support in Dementia	Recorded Training Presentation and Workbook	East Sussex Learning Portal

Other topics available through the East Sussex Learning Portal:

- Stroke awareness
- Hoarding awareness
- Sensory Impairment awareness
- Positive Workplace Culture
- Falls Prevention (Residential/community)
- Personal safety and lone working
- Mental health awareness and Mental Health First Aider training
- Creating a safe, courageous, inclusive organisational culture

(Courses are subject to change)



Joint Community Rehabilitation

Training and competencies in JCR

change *your* world and *theirs*

Work with older people as part of the Joint Community Rehabilitation team.
Help someone get back on their feet.

July 2026

Induction for new workers

Care Certificate

Ensure new workers have the knowledge needed to meet the standards required with the Care Certificate and specifically within Reablement.

Topic	Audience	Format	Source
Care Certificate Induction	Staff new to working in care, who have not previously completed the Care Certificate or relevant equivalent qualifications.	Virtual via Teams One to one or small groups	East Sussex Learning Portal
Induction Support Sessions	Staff who would like support with completing their Care Certificate.	Virtual via Teams One to one or small groups	East Sussex Learning Portal
Planning for Personal Development	Staff new to working within DPS who have already achieved Care Certificate or relevant qualifications.	Virtual via Teams One to one	East Sussex Learning Portal
The Principles of Reablement	For all new staff working within Reablement.	Virtual via Teams Small groups	East Sussex Learning Portal

Corporate Induction: e-Learning

Provide new workers with the knowledge they need to complete induction and meet organisational requirements.

Topic	Format	Source
Information Governance	e-Learning	Meta Compliance website
Corporate Induction	e-Learning	East Sussex Learning Portal
Providing Excellent Customer Service / Our Customer Promise	e-Learning	East Sussex Learning Portal
Health & Safety: 1. Health and Safety for Onsite Workers 2. Hazardous Substances 3. Personal Safety 4. Accident Investigation 5. Driving at Work 6. Managing your personal stress 7. RIDDOR 8. Asbestos Awareness 9. Violence and Aggression	e-Learning	Astute Online Platform

Corporate Induction: e-Learning cont.

Topic	Format	Source
Equality & Diversity	e-Learning	East Sussex Learning Portal
Standards of Behaviour	e-Learning	East Sussex Learning Portal
Display Screen Equipment (DSE) Online course and self-assessment	E-Learning and form on the Intranet	Intranet
Safeguarding Adults	e-Learning	East Sussex Learning Portal
Safeguarding Children & Young People	e-Learning	East Sussex Learning Portal
Mental Capacity Act 2005	e-Learning	East Sussex Learning Portal
Domestic Abuse Foundation Module 1	e-Learning	East Sussex Learning Portal
Preventing Violent Extremism	e-Learning	East Sussex Learning Portal
Modern Slavery and Human Trafficking	e-Learning	East Sussex Learning Portal
Oliver McGowan Autism Awareness (Part 1 of 2)	e-Learning	East Sussex Learning Portal
Climate Change	e-Learning	East Sussex Learning Portal
Understanding and confronting sexual harassment	e-Learning	East Sussex Learning Portal
Intro to Emergency Planning	e-Learning	East Sussex Learning Portal

Essential training

Provide new staff with knowledge and skills required to carry out their role safely and with competence.

Topic	Format	Source
Basic First Aid	Face to face (Part 2)	Bespoke
Safe Handling of Medication	Face to face	East Sussex Learning Portal
Moving and Handling of People and Objects	Face to face	East Sussex Learning Portal
Accessible Information Standards	e-Learning	e-learning for Healthcare (e-Lfh) Hub
Stop. Look. Care	e-Learning	East Sussex Learning Portal
Assisting Clients with Swallowing Difficulties	e-Learning	e-Learning for Healthcare (e-Lfh) Hub

Essential training cont.

Topic	Format	Source
Infection Control	In-house session with Leads or via Teams	In House or East Sussex Learning Portal
Nutrition & Hydration	In-house session with Leads or via Teams	In House or East Sussex Learning Portal
Assisting the Fallen Person	Face to face	East Sussex Learning Portal
Make Every Contact Count (MECC) Training Level 1 and 2	Virtual via Teams	East Sussex Learning Portal

REAP and Reablement

Bespoke programme created for JCR to give workers theoretical knowledge and practical skills.

Topic	Format	Source
REAP Healthcare Procedures Workshop	Face to face	East Sussex Learning Portal
REAP Occupational Therapy (OT) Training Day	Face to face	East Sussex Learning Portal
REAP Physiotherapy Training Day	Face to face	East Sussex Learning Portal
REAP Circuits	Face to face	East Sussex Learning Portal
REAP Introduction to Falls Prevention	Face to face	East Sussex Learning Portal
Reablement Competencies	Mixed	In House

Competence is assessed through worksheets and practical assessments.

Competencies

Ensure workforce is competent to carry out relevant tasks/activities.

Topic	Format	Source
Competency Assessment for Medication Handling	Complete with Medication Lead in first 6 months, then refresh annually	Forms on Intranet
Competency Framework Safeguarding Adults	Complete with Safeguarding Lead in first 6 months, then refresh every 3 years	Forms on Intranet
Capability Framework Mental Capacity Act	Complete with MCA Lead in first 6 months, then refresh every 3 years	Forms on Intranet